

The Missouri Way Training Series: Lead Self

Description

Lead Self introduces you to the importance of self-awareness and its impact on your ability to relate to and lead others. You will learn how to ask for and use feedback from others and use the DISC assessment. This will help you to grow and adapt accordingly to expand your influence. (3h 13m)

Key Topics: emotional intelligence; feedback; Johari Window; DISC assessment; biases; self-awareness

Learning Path Flow

The Lead Self learning path is a series of videos designed to be taken in order. Many videos have supplemental resources available for download that accompany them like templates, frameworks, related MOLearning courses, etc. These resources are designed to help you expand and apply what you have learned.

Learning Path Sections

Click on the links below to go directly to the corresponding video. Use this link to go to the [Lead Self](#) learning path.

1. [Introduction to Lead Self](#)
2. [The Power of Self-Awareness](#)
3. [Introduction to Feedback and Assessment Tools](#)
4. [Introduction to DISC](#)
5. [Overview of DISC Categories](#)
6. [How to Use Disc](#)
7. [Understanding Biases and How to Manage Them](#)
8. [Introduction to the Johari Window and the Power of Conversation](#)
9. [Lead Self Series Summary](#)

